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Expert Validation for Athlete Wellness Evaluation

INTRODUCTION

Lasso Safe is a global non-profit coalition dedicated to proactively ensuring athlete safety and well-being. With over 13 years of research, we've developed a cutting-edge platform that shifts the focus from reactive abuse reporting to proactive monitoring and prevention.

A key innovation is the Athlete Wellness Evaluation (AWE), a patent-pending recognition tool. AWE is an expertly designed, interactive questionnaire powered by machine learning, facilitating a seamless progression of answers from athletes in a non-threatening manner. It assesses essential wellness pillars: mental, emotional, physical, and social.

AWE's data provides real-time, actionable insights and is easily comparable to identify concerning trends across athletes, triggering timely alarms for preventive action.

EXPERT VALIDATION

AWE undergoes rigorous peer review, engaging 3 industry principals and over 150 review team experts across various domains, including sports law, Olympic athletes, survivors of sports abuse, sports development and research, clinical psychology, and medicine. This extensive review process ensures that AWE consistently aligns with evolving sports trends and adheres to stringent requirements, ultimately striving for continuous improvement and approval.

PRINCIPAL CREDENTIALS

Review principals oversee the review team's feedback and co-act with Lasso Safe's advisory board to approve and validate AWE developments. Each principal processes unique expertise to collaboratively create a holistic and excellent review process. Our current principals and their credentials are:

Dr. Veronique Valliere - Doctorate of Clinical Psychology. Dr. Valliere has served as an expert, forensic consultant for 30 years and has appeared for cases including the U.S Congress, Jackson family and ESPN investigations. She has authored three books that are used by judges and high-



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level decisionmakers for child safety, and she has trained the military, Department of Justice, Department of Defense, Federal Bureau of Investigation and Canadian Queen Prosecutors.

Dr. Travis Dorsch - Ph.D. in Kinesiology (Psychology of Sport and Exercise). Dr. Dorsch is an Associate Professor and Founding Director of the Families in Sport Lab at Utah State University. He conducts research focusing on the influence of individuals and contexts on athletes' behaviors and experiences in youth sports. With over 50 publications and extensive national recognition, his work enhances youth sport development and its societal impact.

Zaine van der Bank - Senior Manager at Deloitte Consulting with extensive experience in IT operations and project leadership. He excels at uniting diverse teams to deliver impactful and lasting outcomes. With a global perspective and a track record of success across four continents, Zaine fosters strong working relationships and adds value to Fortune 100 companies and high-profile organizations.

REVIEW PROCESS

Our thorough review process ensures the quality and effectiveness of the Athlete Wellness Evaluation (AWE). Here's a look at how experts meticulously examine the questionnaire:

Collaborative Edits

AWE's review team diligently analyze relevant research and participant feedback, providing edits and suggestions based on their extensive expertise. These edits and suggestions are submitted via standardized form to review principals and Lasso Safe advisory board. Thoughtful consideration by review principals and Lasso Safe advisory board is informed by relevant and published science, ensuring a comprehensive and diverse perspective.

Quality Assurance

Principals conduct a rigorous quality verification process with Lasso Safe's advisory board to achieve final approval. Every published update requires a scientific foundation as well as principal and board approval, guaranteeing its accuracy and relevance.

Principal Criteria

Principals are selected based on the following qualifications:

- Hold a doctorate in a relevant field
- Possess a minimum of 20 years of experience in the field
- Demonstrate exceptional team leadership skills
- Excel in providing expert consultation in the relevant field
- Represent an independent organization to ensure impartiality



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This comprehensive and exacting review process ensures that AWE is backed by a diverse, well-qualified panel of experts, guaranteeing its reliability and effectiveness.

Review Team Criteria

The review team encompass a wide range of knowledge and experience, including:

- Forensic psychology
- Clinical psychology
- Kinesiology
- Psychology of Sports and Exercise
- Former professional athletes
- Olympians (2x)
- Sports development leadership
- Sports governing bodies

CONCLUSION

AWE is a fluid document with informative resources drawn from AI-recognized data and trends, and industry science, medicine, research and professionals. To elevate accurate knowledge transfer and ensure published content is in excellent form for AWE users, all published content undergoes a standardized peer-review led by industry experts. Once quality is validated, Lasso Safe's aims for our published work to become a solid foundation for others as a useful recognition tool for athlete experience monitoring. Peer review is not a foolproof process to produce quality work, as everyone is subject to error and their own biases. The evolution and refinement of AWE is strategically programmed to self-improve with the intent to engage peer review as one of several guide posts for growing and learning.

LOOKING AHEAD

Review team members needed in the following fields:

- International safeguarding
- machine pattern learning
- traditional statistical methods
- standard deviation
- comparing and contrasting facility data relative to accumulated data per state, country, sport, etc.
- aggregated thresholds to continuously improved through machine pattern learning



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Expert Testimonials

“AWE is the first recognition tool in its thoroughness and simplicity and can provide preemptive data not yet seen in the studies of child welfare.” Dr. Valliere

“Lasso Safe is very timely, and ahead of the curve on the current issues.”
Luke Bodensteiner Chief of Sport Development, Utah Olympic Legacy

“Lasso Safe’s tech stack and security creatively uses up-to-date programs to accomplish their desired outcomes and meet international standards.” Zaine van der Bank, Senior Manager- Deloitte Consulting

Athlete Testimonial

“The Lasso Safe survey was so intuitive and gave me insights into my sports career that I didn’t know I had.” Mark Holmes Former Pro Basketball Player

Resources

Review principals are suggested to use relevant industry standards to establish their best practices, drawing from the resources below:

Definitions, diagnostic criteria and dimensional measurements. Industry standards used to guide AWE development and peer-review.

1. Criminal harassment and abuse (US, Canadian and UK)
2. IOC Consensus Statement

Thresholds. Measurement tools used to guide the programming of thresholds.

1. DSM-5-TR
2. ACEs
3. Relative standard deviation